

Mint Chocolate Chip Ice Cream



Try this tasty dairy-free and sugar-free version of an all-time favorite dessert.

Ingredients

- 4 cups full fat coconut milk
- 1 cup xylitol
- 1 teaspoon peppermint flavored liquid stevia
- 1 1/2 tablespoons pure vanilla extract
- 2 handfuls cocoa nibs

Mix the first 4 ingredients with a hand mixer until xylitol is dissolved. Add cocoa nibs and put into the ice cream maker (follow your machines instructions). Mine took about 25 minutes and came out with a soft-serve type texture. Transfer to a glass container, cover, and freeze for a firmer ice cream.