

Carob Chip Protein Cookies



Ingredients: 1 tbsp almond butter 1/2 cup oats 1 egg white
1 scoop of protein powder 2 packets of stevia 1/4 cup carob chips

Directions: Mix all ingredients together in a bowl with your hands, form into balls, and place on a cookie sheet with parchment paper. Bake at 350 degrees for about 6-8 minutes.

Makes 6-10 cookies depending on how big you make them.